

# HOME MADE MASKS

## PROTECT FROM ASYMPTOMATIC PEOPLE

The CDC recommends wearing cloth face mask, aka homemade mask, while in public places where it's difficult to maintain a 6-foot distance from others.

### Benefits of home made masks:

- 1 Can be made at home from common materials. They're better than not using any mask and offer some protection.
- 2 Reduce the risk of people without symptoms transmitting the virus through speaking, coughing, or sneezing.
- 3 Can be disinfected by standard machine washing with soapy water under high heat.

### Risks of home made masks:

- 1 They may provide a false sense of security. In fact, homemade face masks may be **half as effective as surgical** masks and **up to 50 times less effective** than N95 respirators.

